Aerial Athletica Schedule

June 1st. 2020 - Present

Please check daily schedule on Zen Planner and sign up a minimum of TWO(2) Hour in advance.

Cancellation policy is also a minimum of 2h in adavance.

Open Gym	: Gray Open Gym is always Open.
Open Gym	: Blue Open Gym is open until the last class(ends at 7:45pm) on the day. If the classes are canceled, then associated Open gym will be closed.

	Monday	Tuesday				Wednesday				Thursday				Friday				Saturday				Sunday				
		Pole		Aerial		Pole		Aerial		Pole		Aerial		Pole		Aerial		Pole		Aerial		Pole		Aerial		
	All Areas	Space	Room	Black Mat	Blue Mat	Space	Room	Black Mat	Blue Mat	Space	Room	Black Mat	Blue Mat	Space	Room	Black Mat	Blue Mat	Space	Room	Black Mat	Blue Mat	Space	Room	Black Mat	Blue Mat	
8:00																				Aerial Yoga 8am-9am (Zhy)						
9:00																										
10:00	Open Gym 10:00-12:30	Open Gym 10:00-12:30				Open Gym 10:00-12:30				Open Gym 10:00-12:30				Open Gym 10:00-12:30												
11:00																		11:00-12:15 Pole 2/3 (Zhy)		11:00-12:15 Straps 1/2 (BJ)	11:00-12:15 Rope1/2 (Jenny)					11:00
11:15																										11:15
11:30																										11:30
11:45																										11:45
12:00																								12:00-1:00 Flexiblit (Sarah)		12:00
12:15																										12:15
12:30	Open Gym 12:30-3:00	Open Gym 12:30-3:00				Open Gym 12:30-3:00				Open Gym 12:30-3:00					Open Aerial & Pole Room 12:30-3:00			12:15-1:30 Pole 1/2 (Zhy)	Open Pole Room 12:30-3:00	12:15-1:30 Straps 2/3 (BJ)	Blue Mat Open Aerial 12:30-3:00		Open Pole Room 12:30-3:00		Blue Mat Open Aerial 12:30-3:00	12:30
12:45																										12:45
1:00														1:00-1:15 Pole 2/3 (Yukari)								1:00-1:15 Pole 0/1 (Yukari)		1:00-2:15 Aerial Silks 0/1 (Sarah)		1:00
1:15																										1:15
1:30																		1:30-2:00 Pole Intro		1:30-2:00 Straps Intro						1:30
1:45																										1:45
2:00																										2:00
2:15																								Black Mat Open Aerial 2:30-4:30		2:15
2:30																										2:30
2:45																				2:30-3:45 Silks 1/2 (Derek)						2:45
3:00	Open Gym 3:00-5:30	Open Gym 3:00-5:30				Open Gym 3:00-5:30				Open Gym 3:00-5:30				Open Gym 3:00-5:30				Open Pole Space 3:00-5:30	Open Pole Room 3:00-5:30		Bleu Mat Open Aerial 3:00-5:30	Open Pole 3:00-5:30			Blue Mat Open Aerial 3:00-5:30	3:00
3:15																										3:15
3:30																										3:30
3:45																										3:45
4:00																								4:00-4:30 Intro Rope		4:00
4:15																										4:15
4:30																								4:30-5:45 Rope2/3 (Jenny)		4:30
4:45																										4:45
5:00																										5:00
5:15																										5:15
5:30																										5:30
5:45																										5:45
6:00	Hang Tough Group1	6:00-6:30 Pole Intro		6:00-6:30 Silks Intro				6:00-6:30 Lyra Intro		6:00-6:30 Pole Intro		6:00-6:30 Silks Intro														6:00
6:15																										6:15
6:30		6:30-7:45 Pole 1/2 (Charlee)		6:30-7:45 Silks 1/2 (Derek)				6:30-7:45 Lyra All Levels (Sarah)		6:30-7:45 Pole 1/2 (Pendu)		6:30-7:45 Aerial Silks 2/3 (Julie)														6:30
6:45																										6:45
7:00	Hang Tough Group2																									7:00
7:15																										7:15
7:30																										7:30
7:45																										7:45
8:00																										8:00